



Patron: Sharron Davies MBE



Aqua Sulis Performance Swimming Club & City of Bristol Swimming Club

www.aquaesulisswimming.co.uk www.cobswimmingclub.co.uk

PRESENT THEIR

Second Early Season Invitational Sprint Meet

(SHORT COURSE LEVEL 3 LICENCE NO SW151025)

Under ASA Laws and Regulations and ASA Technical Rules of Racing

Sunday 27th September 2015

**Hengrove Leisure Centre
The Boulevard, Hengrove Park, Bristol**

**10 lane 25 metre pool, electronic timing
Seating for 400, cafe on site**

Age on the 27th September 2015
50m all strokes, individual medley
12 and under + 13 and over skins & team relays

£20 cost per swimmer including free spectator entrance

Closing date for entries: 6th September 2015

Promoter: Chris Metcalfe, 8 Coronation Avenue, Keynsham, Bristol,
BS31 2PT. cobswimmingclub@hotmail.co.uk

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Sunday 27th September 2015

PROMOTER'S CONDITIONS

1. The Meet will be held under ASA Laws and Regulations and ASA Technical Rules of Racing, and has been licensed at Level 3 (xxxxx) by the ASA. The meet will be short course.
2. Submitting entries implies acceptance of the promoter's conditions.
3. All Competitors must be Category 2 members of an ASA registered club and may compete in the name of one club only. It is important that swimmers enter under the exact name by which they are known to the ASA, so that our computer software identifies the correct swimmers. Electronic entries are therefore recommended.
4. Entries for this invitational meet will only be accepted from swimmers of clubs listed under Condition 24. All swimmers must enter under their home clubs. Entries from Aquae Sulis and City of Bristol Swimming Clubs will not be accepted.
5. Awards will be made for the top three in each age group: - 9, 10, 11, 12, 13, 14, 15 years and over. Age is as on 27th September 2015.
6. A £25 prize will be awarded for top overall girl and top overall boy. This will be based on points being awarded 5 for 1st place to 1 for 5th place in each age band. If a draw occurs the fastest swimmer in the IM event will be awarded the prize.
7. Skins event – swimmers qualify for the skins event based on the times achieved in the IM event. The fastest 10 males and 10 females in 12 and under plus 13 and older age groups will be selected and announced. If swimmers do not wish to compete they need to inform the control room. Winner of each skins event will receive £25 in cash. The rules of the skins event will be available at the Meet.
8. Clubs can enter the relay events with as many teams as they wish, within limits of available swim time. **There are two age groups for the relay events: 12 and under, plus 13 and over.** Swimmers may compete in only one freestyle team and one medley team; this includes if they “swim up” into the older age group, they cannot also swim in the younger age group in the same event. Clubs are requested to provide seed times for each team and team names on entry (substitutions can be submitted at the start of the day if a listed team member does not attend the Meet). The seed times will be used to place the teams in the correct heat where / if it becomes necessary to hold more than one heat. It is expected that teams will be made up of swimmers who have entered the meet as individuals. Entry to relay event is at no charge.

The club with highest number of points, based on 5 for 1st place to 1 for a 5th place over all relay events, will be awarded 1st prize £50, 2nd place £25 which will be paid to the club. Medals will be awarded to each swimmer in the top 3 clubs in each event.

9. Entry fee is £20 per swimmer for all events; this includes the levy per accepted entry made by the ASA for licensed events. Coaches passes (maximum 2 per club) are

available at no charge and include a program per pass and one full set of results per club only if requested at sign in. Entry fees should be paid on ONE consolidated cheque, made payable to CITY OF BRISTOL SWIMMING CLUB.

10. In all cases the swimmer must not have swum faster than the 'Upper Time Limit' listed on the attached sheet. (These are based on the 2014 national qualifying standard for these events). Swimmers who enter this event with times faster than the 'Upper Time Limit' will be accepted but will only be eligible for time trials in that event and no medals will be awarded. Additionally they will not be eligible for the skins events.

Relay teams will not be eligible for any prize if they include swimmers in a leg for which they have a time faster than the Upper Time Limit. (The swimmer may swim another relay leg and the award will still be made to the team).

11. Entries of 10 or more swimmers from the same club MUST be made electronically; Entries of 9 or less swimmers from the same club may be made using the official meet entry form. Unless arranged and agreed in advance with the Meet organiser, entries must reach the Meet Secretary on or before midnight on **6th September 2015**. No late entries will be accepted, except as in Condition 23. All accepted entries will be notified via EMAIL. Please ensure you supply one.
12. Clubs entering 5 or more swimmers are required to supply a minimum of ONE licensed (by ASA/SASA,WASA) official per session. Clubs entering 12 or more swimmers are required to supply a minimum of TWO licensed officials per session. We reserve the right to reject entries from clubs not complying with this.
13. Swimmers are expected to submit their best time for each event as achieved at a licensed meet since 1st January 2014. The meet organisers will spot check entries against the GB Swimming Rankings. Swimmers without such a time for an event can submit a time approved by their coach, or a "No Time" entry.
14. The promoters reserve the right to accept or reject entries at their discretion, and to restrict entries in order that the Meet may be completed within the time available. If the Meet is oversubscribed, entries will be accepted on the basis of first come first served. The exception to this rule is that if the meet is oversubscribed priority will be given to the swimmers who are slower than the 'Upper Time Limit' listed on the attached sheet. Faster swimmers will be accepted, where space is available within the meet schedule.

Time of receipt by the organisers is considered to be the time that any postal or email entries were received. If payment is not received within 5 days of this receipt then time of receipt will be considered as the time that payment is received.
15. A list of rejected swimmers and refund cheque will be sent direct to the club that entered the swimmer or to the individual, in the case of individual entries. Incorrect or incomplete entries will be rejected and entry fees will not be refunded. There will be no refunds for withdrawals after the closing date.
16. Entries and results for this Meet will be held on computer. As required by the Data Protection Act 1998 submission of entries implies consent to the holding of personal information on computer. These details may be made public before, during or after the Meet.
17. Entries will be seeded into heats based on entry times; slowest heats swum first. All

events will be HDW.

18. Swimmers must report to the competitors' stewards 10 heats prior to their own in case of the 50m events and 8 heats in case of the IM event.
19. Only Swimmers, Coaches & Meet volunteers with a pass and Officials will be allowed on poolside during the Meet. Coaches in possession of a coach pass are allowed on poolside during warm ups. Any Coach without a pass will be asked to leave the poolside. Wet swimmers are not allowed in the spectator area.
20. In line with child protection policies, any person wishing to use video or photographic equipment (including mobile phones with photographic facility) are required to sign the authorization book available at the entry desk and must display a camera pass. Any person not complying will be asked to leave the pool complex. **You are reminded that Flash photograph is NOT permitted at the start of any heat.**
21. Neither the promoters nor Hengrove Leisure Centre accept any liability for any loss or damage to personal belongings.
22. The promoters reserve the right to alter these conditions if necessary, any alterations being announced during the Meet. Any matter not covered by these conditions shall be at the promoter's discretion if not covered by ASA Laws and Regulations and ASA Technical Rules of Racing.
23. If the meet is under-subscribed or for any other reason, the promoters reserve the right to cancel the meet, in which case all entry fees paid will be refunded. If the meet is under-subscribed the promoters reserves the right to accept entries after the official closing date as long as all other entry conditions are complied with.
24. Applicable clubs: swimmers from the following clubs can enter this event.

Academy Swim Team	Backwell	Bradford-On-Avon
Bristol Henleaze	Bishopsworth	Calne A4
Bristol North	Bristol Central	Chippenham
Bristol Penguins	Keynsham	Corsham
Burnham-on-Sea	Bath Dolphin	Frome
Clevedon		Melksham
Portway	Weston-super-Mare	Norton Radstock
Sevenside Tritons	Street and District	Trowbridge
Soundwell	Wells	Warminster
Southwold		Westbury

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PROGRAMME OF EVENTS

Session 1	Warm up	8.15AM (TBC)	Start	9.15AM (TBC)
Event No				
1	Boys	12 and under	100 IM	HDW
2	Girls	12 and under	100 IM	HDW
10	Boys	9/over	50 M Breast	HDW
11	Girls	9/over	50 M Fly	HDW
12	Boys	9/over	50m Freestyle	HDW
13	Girls	9/over	50m Backstroke	HDW
20	Boys	12 and under	4*50 Freestyle	Relay
21	Boys	13 and over	4*50 Freestyle	Relay
22	Girls	12 and under	4*50 Medley	Relay
23	Girls	13 and over	4*50 Medley	Relay
30	Skins	12 and under	50m	M & F events
Session 2	Warm Up	1.30PM (TBC)	Starts	2.30PM (TBC)
40	Girls	13 and over	100 IM	HDW
41	Boys	13 and over	100 IM	HDW
50	Girls	9/over	50 M Breast	HDW
51	Boys	9/over	50 M Fly	HDW
52	Girls	9/over	50m Freestyle	HDW
53	Boys	9/over	50m Backstroke	HDW
60	Girls	12 and under	4*50 Freestyle	Relay
61	Girls	13 and over	4*50 Freestyle	Relay
62	Boys	12 and under	4*50 Medley	Relay
63	Boys	13 and over	4*50 Medley	Relay
70	Skins	13 and over	50m	M & F events

Not to Exceed Qualifying Times for The Aquae Sulis and City of Bristol Sprint Meet 2015
Based on ASA National Qualifying Times
Please use short course times. Conversions from long course to short course will be accepted

NO FASTER THAN

Boys							
Event	9	10	11	12	13	14	15+
50m Free	33.50	33.50	31.00	29.50	27.00	26.00	24.07
50m Breast	46.00	46.00	41.50	38.50	36.50	34.00	29.22
50 Fly	37.50	37.50	34.50	32.50	30.50	28.50	25.43
50 Back	39.50	39.50	36.50	34.00	32.50	30.00	28.28
100 IM	1:35.00	1:30.00	1:25.00	1:19.00	1:15.00	1:10.00	1:04.10
NO FASTER THAN							
Girls							
Events	9	10	11	12	13	14	15+
50m Free	33.50	33.50	31.00	29.50	29.00	28.00	27.01
50m Breast	44.50	44.50	40.50	38.50	37.00	36.00	35.41
50m Fly	37.50	37.50	34.50	32.50	31.00	30.00	29.08
50 Back	39.50	39.50	36.50	34.00	33.00	32.00	31.46
100 IM	1:35.00	1:30.00	1:25.00	1:21.00	1:19.00	1:15.00	1:11.70



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Individual Entry Form

If nine or fewer swimmers at a club wish to compete at this meet, entries may be submitted on copies of this form with the fee of £20 per swimmer. Otherwise, clubs must submit a single electronic entry.

Name:			Male/Female		
Address:					
(Home) Club:					
Email Address:					
Date of Birth:			Age on 27/09/2015:		
ASA registration No.:			Telephone:		
Event	Time - no conversions	Tick if achieved long course	Event	Time - no conversions	Tick if achieved long course
50 Free			50 Breast		
50 Back			50 Butterfly		
100 IM					

Please return this form to : cobswimmingclub@hotmail.com

or Chris Metcalfe, 8 Coronation Avenue, Keynsham, Bristol, BS31 2PT

CLOSING DATE: 6th September 2015



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Payment Form

Club Name	
Contact Address	
Tel. No	
E-mail	

Total Number of Swimmers _____ @ £20.00 each

Total Cost of Swimmers Entries £ _____

Cheque payable to City of Bristol Swimming Club enclosed? YES / NO

OR payment by bank transfer (contact organiser for details)? YES / NO

Number of relay team entries (no charge) _____ (please complete relay entry form)

Number of Coaches' Passes (no charge) _____ (maximum 2 per club)

Please email hy-tek files (or clerical entry form) to cobswimmingclub@hotmail.co.uk

Please follow up with payment, a copy of this form, and copy of entries to:

Chris Metcalfe, 8 Coronation Avenue, Keynsham, Bristol.BS31 2PT



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Relay Teams Entry Form

Club
Name:

Relay team name:			
Delete as appropriate:	12 and undr / 13 and over	Male / Female	Medley / Freestyle
Leg:	Name of swimmer	DOB	ASA Number
1			
2			
3			
4			
Estimated time:			

Please complete as many of the following sheet as needed. Substitutions will be allowed on the day where a named swimmer does not attend the Meet. Return completed entries to:
cobswimmingclub@hotmail.co.uk

OR Chris Metcalfe, 8 Coronation Avenue, Keynsham, Bristol, BS31 2PT

Relay Teams Entry Form

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Name:** _____

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1			
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Estimated time:			



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(LEVEL 3 LICENCE NO 3WXXXXXX)

Sunday 27th September 2015

Hengrove Leisure Centre, The Boulevard, Hengrove Park, Bristol

REQUEST FOR OFFICIALS

Please Return Form to: officials@aquaesulisswimming.org.uk

or Sean Grothier, 5 Stonehouse Close, Combe Down, Bath, BA2 5DP

If you are a qualified Licensed official and would be willing to help at the above meet, we would be grateful for any assistance that you can offer. Please complete this form or provide the equivalent information by email, contact details as above.

Name: Club:

Address: Qualification: *please tick where applicable*

..... Referee Judge 2

..... Starter Judge 1

Tel: Licence number

Email:

I WOULD BE WILLING TO HELP AT THE FOLLOWING SESSIONS (PLEASE TICK)

Session 1 (Report 08:30)

Session 2 (Report 13:45) (Lunch provided for officials attending both sessions)