



Affiliated to Somerset and South West Region ASA.

www.ydsc.co.uk

Present their

CHRISTMAS 2015, SHORT COURSE OPEN MEET.

(Held under the ASA Laws and Regulations and the ASA Technical Rules of Racing)

Level 3 –3SW151420

Giving qualification to Counties and Regional Competitions.

19th & 20th December at Millfield Pool, Somerset.

25m, 8-lane pool, anti-turbulence lane ropes with electronic timing.

Level 3

Girls: 9, 10, 11, 12, 13/14, 15/16, 17 & over.

Boys: 9, 10, 11, 12, 13/14, 15/16, 17 & over.

50m all Strokes

100m IM (10 AND UNDERS ONLY)

100m all strokes (11 AND OVERS ONLY)

200m all strokes including IM

400M Free and 400m IM (11 AND OVER ONLY)

£5 for each Event for Electronic Entries

£6 for each Event for Clerical Entries

All events have age-grouped awards with Heat Declared Winners (HDW)

All Events have Upper Cut off times

Age as on 20th December 2015

Awards will be given as age groups above.

Meet information Pack and Hy-Tek zip file are available on request from ydsc.competitions@gmail.com or can be downloaded from the Yeovil website at www.ydsc.co.uk

CLOSING DATE FOR ENTRIES SATURDAY 14th NOVEMBER 2015

Yeovil & District Swimming Club
Christmas 2015 Level 3 Open Meet
Held under ASA Technical Rules of Racing

19th & 20th December

Programme of Events

Times are approximate and will be updated and issued to all clubs once the entries are finalised

| Saturday 19 th December 2015 | | | | | | | | |
|---|---------------|-----------|---------------------|-------|-------------|---------------------|-------|-------------|
| SESSION 1 | | | SESSION 2 | | | SESSION 3 | | |
| Warm-up | | | Warm-up | | | Warm-up | | |
| Girls & Boys | 8:00am-8:40am | | Boys | TBC | | Boys | TBC | |
| | | | Girls | TBC | | Girls | TBC | |
| Start Time: 8:45am | | | Start Time: 11:30am | | | Start Time: 2:45pm | | |
| Finish Time: 10:45am | | | Finish Time: 1:30pm | | | Finish Time: 5:30pm | | |
| Event 11 | Girls | 200m Free | Event 21 | Boys | 200m Fly | Event 31 | Boys | 200m Back |
| Event 12 | Boys | 400m Free | Event 22 | Girls | 400m IM | Event 32 | Girls | 100m Fly |
| Event 13 | Girls | 100m Back | Event 23 | Boys | 100m Free | Event 33 | Boys | 200m IM |
| Event 14 | Boys | 100m IM | Event 24 | Girls | 50m Fly | Event 34 | Girls | 200m Breast |
| | | | Event 25 | Boys | 50m Back | Event 35 | Boys | 50m Breast |
| | | | Event 26 | Girls | 100m Breast | Event 36 | girls | 50m Free |

| Sunday 20 th December 2015 | | | | | | | | |
|---------------------------------------|---------------|-----------|---------------------|-------|-------------|---------------------|-------|-------------|
| SESSION 4 | | | SESSION 5 | | | SESSION 6 | | |
| Warm-up | | | Warm-up | | | Warm-up | | |
| Girls & Boys | 8:00am-8:40am | | Girls | TBC | | Girls | TBC | |
| | | | Boys | TBC | | Boys | TBC | |
| Start Time: 8:45am | | | Start Time: 11:30am | | | Start Time: 2:30pm | | |
| Finish Time: 10:40am | | | Finish Time: 1:15pm | | | Finish Time: 5:15pm | | |
| Event 41 | Boys | 200m Free | Event 51 | Girls | 200m Fly | Event 61 | Girls | 200m Back |
| Event 42 | Girls | 400m Free | Event 52 | Boys | 400m IM | Event 62 | Boys | 100m Fly |
| Event 43 | Boys | 100m Back | Event 53 | Girls | 100m Free | Event 63 | Girls | 200m IM |
| Event 44 | Girls | 100m IM | Event 54 | Boys | 50m Fly | Event 64 | Boys | 200m Breast |
| | | | Event 55 | Girls | 50m Back | Event 65 | Girls | 50m Breast |
| | | | Event 56 | Boys | 100m Breast | Event 66 | Boys | 50m Free |

Please see attached time limit for age eligibility in certain events

Yeovil & District Swimming Club

Christmas 2015 Level 3 Open Meet

Meet licence No: 3SW151420

Promoters Conditions

1. The meet will be held under ASA Laws and Regulations and ASA Technical Rules of Racing, and has been licensed by the ASA for entry into Regional and County Championships, and L1 & L2 Open Meets.
2. All competitors must be Category 2 members of an affiliated club, eligible to compete and registered in accordance with ASA laws and technical rules and may enter in the name of one club only.
3. Yeovil & District Swimming Club reserves the right to reject any entry without giving a reason. By submitting entries on the official entry forms and Hy-Tek, clubs and competitors accept the rules of this competition. Competitors whose entries are accepted and subsequently found to have been entered in the wrong event(s) because of incorrect entry information will be withdrawn from the event(s) and will not have their entry fees refunded. However, if because of error by the organizer, will be withdrawn from the event(s) and will at the organizer's discretion and without further obligation or liability by the organizer either a) be entered in the correct event or b) receive a refund of the relevant entry fee(s).
4. The events file for input into TM is available upon request from ydsc.competitions@gmail.com
5. Entries with Short Course times should be made via Hy-Tek Team Manager and e-mailed to the Meet Secretary, at: ydsc.competitions@gmail.com. A print out of the Hy-Tek entry file (or clerical entry form if less than five swimmers are being entered and Hy-Tek files are not available) should reach the Meet Secretary no later than Saturday 14th November 2015.
6. The competition will be swum Short Course. Anti-wave devices will be in place and electronic timing/placing will be used wherever possible. The organizer reserves the right to ban the use of gas hooters, klaxons etc., which in the organizers opinion, could be a hazard or a danger to swimmers, officials or spectators.
7. The adult Spectator admission charge is £6 per day, including a free programme. Children under 16 free.
8. The Entry fee is £5 per event for Electronic (Hy-Tek) entries, or £6 per event for Clerical entries. Entries, whether Electronic or Clerical, must be made by a Club. Individual entries will not be accepted.

9. Coaches/Chaperon Passes are available with a **Maximum of 4 and a minimum of 1 per Club**. Coaches Passes will cost as follows: Saturday £10.00. Sunday £10.00. Both days £15.00. **Coaches Passes must be ordered with Club entries and must be worn at all times during the Meet. They will be available for collection from the entry desk. There will be no Coach Passes for sale on the day of the meet. Coaches must adhere to the safety advice from the warm up steward.**
10. Payment for entries and coaches passes should be by a single cheque sent per club and made payable to YDSC. **All entries must also include a payment summery sheet and a completed coach/chaperone form.**
11. Age groups for boys: 9, 10, 11, 12, 13/14, 15/16 &17/OV (Level 3)
Age groups for girls: 9, 10, 11, 12, 13/14, 15/16 & 17/OV (Level 3)

The promoter will be accepting entries on a “first come first served” basis. Each entry received will be numbered and these entries will, assuming there are no errors, be accepted in sequence, until all events have been filled. If, despite this, certain individual events are oversubscribed, and in order to keep each session within the appropriate time period, the slowest entries from each age group will be rejected. Incorrect or incomplete entries (including those with no times) will be rejected.

As soon as possible after the closing date, club list sheets will be emailed to club secretaries for accepted entries, together with any information in respect of entries not accepted. All refunds will be made ‘en block’ to the club submitting the entries, these will be sent by post or available for collection by Clubs on the day. There will be no refunds for withdrawals after the closing date.

12. All events are being swum as open age, however awards will be age grouped (see paragraph 11). Ages will be as at 20th December 2015. Swim Meet entries may be managed by computer. By submitting entries, consent is thereby given, as required under the Data Protection Act of 1998, to the holding of personal information on a computer. Personal data, including submitted and recorded times, may be made public during the meet.
13. **ALL ENTRY TIMES MUST BE CONVERTED TO SHORT COURSE POOL TIMES.**
9/10 year olds will not be able to enter the 100m events. All entries must be **SLOWER** than the Cut Off times.
14. The one start rule will be in operation during this meet.
15. The meet will be run without cards. Heats will be pre seeded. Swimmers do not need to sign in. The organizers reserve the right to amend the running order of the events and to add non-scoring swimmers (provided their times comply with the criteria set out in the attached table of cut-off times) at their sole discretion should it become necessary.
16. All events will be HDW. Entries will be seeded into heats from submitted times, and these will be seeded before the Meet. Where swimmers have withdrawn the lane will be left empty. Events will be swum slowest to fastest. All heats will be placed in ‘spearhead’ formation.

17. There will be medals in every event for the first three overall swimmers in each age group. Any disqualified swimmers will not receive awards.
18. Points will be awarded to the eight fastest swimmers in each age group in every event. 8 points to the fastest, 7 points to the second fastest, reducing down to 1 point to the eighth fastest. At the completion of the Meet a trophy will be awarded to the highest scoring visiting club.
19. Visiting clubs are requested to provide at least one qualified official per session for every 10 swimmers entered, and their details (together with their qualifications) should be forwarded with the entry information. Food and Refreshments will be provided to those Officials who are on duty all day and to Head Coaches. Expenses will be offered to Officials attending this Meet, including mileage allowance for those qualified Officials who do not have a child competing in the Meet.
20. Only swimmers reporting for their event and appointed officials are allowed on poolside during the competition. During warm-ups only coaches holding the valid Meet pass will be allowed on poolside. Wet swimmers are not allowed in spectator areas
21. Competitors must report to marshaling at least 5 heats before their event.
22. Under ASA child protection laws all spectators wishing to use cameras must register with the door admission staff.
23. The safety rules of the pool must be adhered to at all times. Anyone not adhering to these rules (which will be read out at the start of each session) may be removed from the pool.
24. All valuables/clothing, etc. left in the changing rooms will be entirely at the owner's risk.
25. The first session on each day one will have a warm-up time of 8.00am and a start time of 8.45am. Warm up and start times for sessions 2, 3, 5, & 6 will be confirmed when all entries have been received and processed. Details will be returned with confirmation of entries.
26. There is limited parking adjacent to the Pool complex, this is for officials only. Sufficient parking will be available at the North Road Car Park.
27. The promoter reserves the right to make any alterations to these conditions if necessary and all participants will be notified. Any matter not covered by these conditions or by ASA laws or technical rules will be at the promoter's discretion.
28. Any swimmer breaking these conditions will be liable to disqualification from any or all events.

Yeovil & District Swimming Club
Christmas 2015 Level 3 Open Meet.

CLERICAL ENTRY FORM.

NAME: CLUB:

Male/Female Date of Birth ASA Membership ID

| Saturday 19 th December, Session 1 | | |
|---|-------------|-----------------|
| Sex | Event | Entry Time (sc) |
| Girls | 200m Free | |
| Boys | 400m Free | |
| Girls | 100m Back | |
| Boys | 100m IM | |
| Session 2 | | |
| Boys | 200m Fly | |
| Girls | 400m IM | |
| Boys | 100m Free | |
| Girls | 50m Fly | |
| Boys | 50m Back | |
| Girls | 100m Breast | |
| Session 3 | | |
| Boys | 200m Back | |
| Girls | 100m Fly | |
| Boys | 200m IM | |
| Girls | 200m Breast | |
| Boys | 50m Breast | |
| Girls | 50m Free | |
| Sunday 20 th December, Session 4 | | |
| Boys | 200m Free | |
| Girls | 400m Free | |
| Boys | 100m Back | |
| Girls | 100m IM | |
| Session 5 | | |
| Girls | 200m Fly | |
| Boys | 400m IM | |
| Girls | 100m Free | |
| Boys | 50m Fly | |
| Girls | 50m Back | |
| Boys | 100m Breast | |
| Session 6 | | |
| Girls | 200m Back | |
| Boys | 100m Fly | |
| Girls | 200m IM | |
| Boys | 200m Breast | |
| Girls | 50m Breast | |
| Boys | 50m Free | |

Yeovil & District Swimming Club
Christmas 2015 Level 3 Open Meet
19th & 20th December 2015

Payment Summary Sheet.

Please complete the following payment Summary Sheet and Return with Entries:

| | |
|-----------------|--|
| CLUB | |
| CONTACT | |
| CONTACT ADDRESS | |
| | |
| | |
| | |
| TEL No: | |
| EMAIL: | |

Total Number of Swimmers

Entries @ £5 per event

Entries @ £6 per event

Coaches/chaperone passes - Saturday @ £10 each

Sunday @£10 each

Weekend @£15 each

Total Fee Payable £ _____

1 (one) cheque per club. Cheques should be made payable to 'YDSC'

Hard Copy with Payment and Printout of Hy-Tek entry files (or clerical entry forms where less than five swimmers are being entered and Hy-tek files are not available) should be sent to:

David Hague
The Firs, Garston Lane
Marston Magna, Yeovil
BA22 8DN

YEOVIL & DISTRICT SWIMMING CLUB

Christmas 2015 Level 3 Open Meet ~ Officials Reply Slip

POOLSIDE OFFICIALS

Since the Open Meet will require many helpers, we are looking for support from each club with at least one British Swimming Licensed official. Teams will be required to provide a Licensed Official **for each session, for every 10 swimmers entered.**

For those able to assist, would you please complete the form below and return it with your swimmers entry form, or send to the email address indicated below.

If you have any preferences please note them below otherwise we will advise you of your allocated duties nearer the day. Refreshments will be provided for all officials, and food for those working on consecutive sessions.

For those un-qualified officials, or J1's and above who require mentoring or practical sessions please also complete the form, indicating what duties you need to cover, and we will do our best to assist, as we actively promote the development of all officials within British Swimming.

Should you require additional forms, photocopies will be accepted, or electronic copies sent to the email address below.

I am available to help at the above Open Meet on Saturday 19th December &/or Sunday 20th December 2015.

Name..... **Club****Tel No**

Address

.....

Email Address.....

Licence No.

| Session | J1 | J2 | J2S | Training |
|---|----|----|-----|----------|
| 19 th December Start 8.45am | | | | |
| 19 th December Start 11.30am | | | | |
| 19 th December Start 2.45pm | | | | |
| 20 th December Start 8.45am | | | | |
| 20 th December Start 11.30am | | | | |
| 20 th December Start 2.30pm | | | | |

(Please X as appropriate and return with entry forms)
 Officials briefing will be 30 minutes before the start of each session
 Offers of help can also be emailed to: ydsc.competitions@gmail.com

YEOVIL & DISTRICT SWIMMING CLUB

Christmas 2015 Level 3 Open Meet

19th & 20th Decemer 2015

to be held at Millfield School Pool

all times are 25m pool times

Cut Off Times

Swimmers must be **SLOWER** than the Cut Off Time

| Boys | | | | | | | Event | Girls | | | | | | |
|---------|---------|---------|---------|---------|---------|---------|------------|---------|---------|---------|---------|---------|---------|---------|
| 9 | 10 | 11 | 12 | 13/14 | 15/16 | 17+ | | 9 | 10 | 11 | 12 | 13/14 | 15/16 | 17+ |
| 33.00 | 33.00 | 31.70 | 31.70 | 26.10 | 25.30 | 24.80 | 50 Free | 31.70 | 31.70 | 29.40 | 29.40 | 28.10 | 27.90 | 27.90 |
| n/a | n/a | 1:02.90 | 1:02.90 | 59.50 | 55.00 | 54.40 | 100 Free | n/a | n/a | 1:04.70 | 1:04.70 | 1:02.10 | 59.80 | 59.70 |
| 2:30.00 | 2:30.00 | 2:17.40 | 2:17.40 | 2:10.00 | 1:58.70 | 1:57.20 | 200 Free | 2:29.10 | 2:29.10 | 2:18.50 | 2:18.50 | 2:13.90 | 2:09.00 | 2:07.50 |
| n/a | n/a | 4:50.20 | 4:50.20 | 4:34.80 | 4:14.40 | 4:09.90 | 400 Free | n/a | n/a | 4:51.90 | 4:51.90 | 4:41.60 | 4:32.30 | 4:32.20 |
| 41.70 | 41.70 | 36.80 | 36.80 | 33.10 | 30.90 | 30.90 | 50 Breast | 41.70 | 41.70 | 40.90 | 40.90 | 38.80 | 36.00 | 36.00 |
| n/a | n/a | 1:22.90 | 1:22.90 | 1:17.50 | 1:10.30 | 1:09.50 | 100 Breast | n/a | n/a | 1:21.80 | 1:21.80 | 1:18.50 | 1:16.50 | 1:16.40 |
| 3:14.10 | 3:14.10 | 2:57.30 | 2:57.30 | 2:45.60 | 2:32.40 | 2:30.70 | 200 Breast | 3:14.10 | 3:14.10 | 2:56.80 | 2:56.80 | 2:48.20 | 2:47.00 | 2:44.80 |
| 35.60 | 35.60 | 31.70 | 31.70 | 31.70 | 26.00 | 26.00 | 50 Fly | 35.60 | 35.60 | 31.70 | 31.70 | 31.70 | 29.60 | 29.60 |
| n/a | n/a | 1:09.60 | 1:09.60 | 1:06.50 | 59.10 | 59.10 | 100 Fly | n/a | n/a | 1:11.30 | 1:11.30 | 1:08.20 | 1:05.40 | 1:05.40 |
| 3:00.00 | 3:00.00 | 2:35.40 | 2:35.40 | 2:23.80 | 2:13.20 | 2:12.30 | 200 Fly | 3:00.00 | 3:00.00 | 2:37.50 | 2:37.50 | 2:30.60 | 2:24.50 | 2:24.3 |
| 36.60 | 36.60 | 35.80 | 35.80 | 33.00 | 28.80 | 28.80 | 50 back | 36.60 | 36.60 | 33.00 | 33.00 | 31.70 | 32.00 | 32.00 |
| n/a | n/a | 1:11.50 | 1:11.50 | 1:08.20 | 1:01.60 | 1:00.60 | 100 Back | n/a | n/a | 1:13.10 | 1:13.10 | 1:09.80 | 1:06.40 | 1:06.30 |
| 2:47.20 | 2:47.20 | 2:32.90 | 2:32.90 | 2:26.10 | 2:13.40 | 2:10.40 | 200 Back | 2:47.20 | 2:47.20 | 2:35.40 | 2:35.40 | 2:28.70 | 2:22.50 | 2:21.90 |
| 1:17.50 | 1:17.50 | n/a | n/a | n/a | n/a | n/a | 100 IM | 1:17.50 | 1:17.50 | n/a | n/a | n/a | n/a | n/a |
| 2:40.20 | 2:40.20 | 2:34.80 | 2:34.80 | 2:18.20 | 2:15.90 | 2:12.80 | 200 IM | 2:40.20 | 2:40.20 | 2:37.50 | 2:37.50 | 2:30.50 | 2:26.60 | 2:26.10 |
| n/a | n/a | 5:26.10 | 5:26.10 | 5:13.30 | 4:51.50 | 4:45.30 | 400 IM | n/a | n/a | 5:33.60 | 5:33.60 | 5:18.20 | 5:11.80 | 5:11.60 |